The Council on Aging Meeting Minutes

June 15, 2023

Board members present – Cheryl Moreci, chair, Dan Malloy, secretary, Bob Casali, Charles Duczakowski, Eileen Milaszewski, Arlene Williams. On Zoom - Karen Kuligowski. Absent – Julia Manning.

The meeting was called to order at 1:01 PM.

May minutes – The minutes were accepted.

Budget – Council Director Carole Mullen explained a budget change involving all part-time employees being on one line, and the director's salary being on another line. The formula grant will continue to cover part of outreach worker Nancy Mosher's salary.

Staff changes – Outreach Worker Nancy Mosher plans to reduce her hours to 15 this July, and to 10 hours per week starting in July 2024. Carole told the board that she plans to retire in the second half of 2024. A lengthy discussion on how to handle the coming changes ensued. No decisions were made, but these matters will be dealt with in future meetings.

Ethics training – Carole reminded the board that all members will have to complete the ethics training procedure.

Vaccine clinics – The flu clinic dates will be October 12 and July 26. The date for the tetanus clinic has not yet been determined, but will probably be in August.

Summer activities – Instructors have been found for summer activities. They will include tai chi, yoga, meditation, and low impact exercise. There will be a walking group on Fridays and two meals a month. There will also be memory builders, and mocktails on the patio.

Barbecue – Almost 50 people have signed up for the barbecue on the 22nd.

Community House 100th **birthday** – On the department web page, Carole posted, "HAPPY BIRTHDAY HOPEDALE COMMUNITY HOUSE!!! Thank you for 100 years of unparalleled generosity. "She also had the Select Board create a proclamation for the occasion.

The meeting was adjourned at 153.

Respectfully submitted,

Daniel Malloy, secretary