

The Council on Aging

Meeting Minutes

August 24, 2023

Present at meeting – Carole Mullen, department director, Cheryl Moreci, chair, Dan Malloy, secretary, Bob Casali, Charles Duczakowski, Julia Manning, Eilee, David Guglielmi, Eileen Milaszewski. On Zoom - Karen Kuligowski. Absent - Arlene Williams.

The meeting was called to order at 1:00 PM.

June minutes – The minutes were accepted.

Classes and Activities – Classes will begin on the same week as the Community House classes; the week of September 11. The classes and activities will include, mah-jongg, bridge, yoga, dance, exercise, meditation, literature, cribbage, watercolor painting, knitting and tai chi. There will also be presentations on cyber scams, bucket lists, and Medicare. There will be a party to celebrate the 100th birthday of Mary Phillips on September 14. The Fire Department union will be giving us a barbecue on September 28. This will serve as our welcome back dinner.

Budget – Funds in the budget from the town are now enough to cover the salaries of the outreach worker, staff assistant, driver and nurse. There was a bump in the formula grant which is being rolled over. Now the formula grant, formerly used to pay the outreach worker, will be available for other purposes, including paying instructors.

Flu clinic – The flu clinics will be held on October 12 and October 26 at the high school cafeteria.

Staff – Carole reported that she sees a need for cross-training of the staff. With such a small department, it can be difficult covering when a person is out. Cross-training and the use of tax credit people could help with that. She will send the board members the job descriptions, along with her ideas for changes in them.

Director vacation carry-over – Carole asked for permission to carry over five days of unused vacation time to the current fiscal year. Bob moved to agree to that, and the motion passed unanimously.

Griffin-Dennett – A successful ice cream social was held at the apartments on August 23. It was agreed to have nurse Mary Watson be there for one hour each month to do blood pressure checks. Carole mentioned a need of some of the residents there for assistance that our department could provide, and the need for the department to work to improve that.

Planning sub-committee – It was decided to form an ad-hoc committee to discuss plans for the operation of the board for the next several years, and present a report to the full committee. The meeting will be held on September 7. That will be done in place of a regular full board meeting in September.

Respectfully submitted,

Daniel Malloy, Secretary