



Sr. Center Phone: 508-634-2208 • Fax: 508-473-6189
Outreach Message Line: 508-478-2858 • E-mail: hopedalecoa@comcast.net
Monday-Thursday 9:00 am - 3:00 pm and Friday 9:00 am - 12:30 pm

Give a child a wonderful gift. Consider being a Pre-School, Grandfriend volunteer. Call the Sr. Center for details!

ASSISTANCE PROGRAMS AVAILABLE AT THE SR. CENTER

OUR SERVICES ARE CONFIDENTIAL. WE CAN MAKE COVID-19 SAFE HOME VISITS

OUTREACH

Confidential counseling, caregiver support, information and referral services are available on aging issues for seniors and caregivers.

VETERANS' SERVICES (FOR VETERANS AND SPOUSES OF VETERANS)

Confidential counseling with our Veterans' Agent, Pat Morris. Individuals issues or medical conditions do not have to be "service-related".

MEDICARE, MEDICAID AND HEALTH AND DRUG INSURANCE

COUNSELING SHINE PROGRAM

Information and assistance is available on all aspects of Medicare coverage and assistance plans available through Medicare & Medicaid. Supplemental health and drug insurance coverage information and assistance for Medicare eligible individuals.

HOME REPAIR (May be on hold due to COVID-19)

Any senior age sixty (60) and older, who owns and resides in their home, can apply for home repair assistance. **The repair must be deemed a safety concern** in order to qualify for this service. There is no income guideline for this program.

For more information or to apply you can call Central Massachusetts Housing Alliance Elder Home Repair Program at **(774)243-3815**. You can also check- out the website at www.cmhaonline.org and click on "Read more about our organization" to access the information on Elder Home Repair. Contact the Hopedale Senior Center for additional assistance.

FOOD STAMP APPLICATION ASSISTANCE

Information and application assistance for the Food Stamp Program is available at the Sr. Center or projectbread.org

FUEL ASSISTANCE AND HOME WEATHERIZATION PROGRAMS (SMOC)

New applications available for fuel season effective **Nov. 1, 2021**. **Re-certifications going out in Sept.** Program open to renters and home owners. All forms of heating eligible..

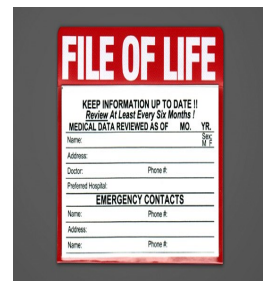
FILE OF LIFE PROGRAM - FREE

The Sr. Center will provide you with a magnetic card that can be placed on your refrigerator or carried in your purse. The pre-printed card has space for emergency contact numbers, your current medications as well as you attending physicians' names and phone numbers. In the event of an emergency if you are unable to communicate, the card may provide information critical to your care.

HOUSE NUMBER SIGNS PROGRAM - FREE

A wooden number sign is available to all Hopedale residents. As a public safety measure, all residences are required to display house numbers. The TRIAD program will provide you with **free** house number sign. Please contact us for more information on how to obtain a free house number sign.

COPY/FAX SERVICES - We will make copies for you or Fax documents. Ten cents/copy.





News from the Centers for Medicare and Medicaid Services

Please be aware that Agents and Brokers are prohibited from the following behavior when marketing Medicare Advantage and Prescription Drug Plans:

They cannot state that they are "approved, endorsed or authorized by Medicare or calling on behalf of Medicare.

They cannot market door-to door or leave material at your doorstep.

They cannot send unsolicited text messages or leave voicemail messages.

They cannot make unsolicited calls under the guise of selling non-Medicare Advantage or non-Prescription Drug Plan products.

They cannot conduct marketing or sales activities at an educational event including distributing marketing material or enrollment forms.

Please contact CMS at (1-800-633-4227) or (1-877-772-3397) if you have been subject to these violations.

HEATING ASSISTANCE (SMOC)

The Hopedale Sr. Center is taking appointments to assist with Fuel Assistance for the 2021-2022 season. SMOC recertification paperwork was sent later than usual. Please call us if you have not received your packet. New Fuel Assistance clients can make appointments for application assistance now. Income Guidelines are:

1 person \$40,951 - 2 People \$53,551

Additional guidelines for larger families.

Please call the Sr. Center at (508)634-2208 for details.

Additional weatherization assistance may be available.

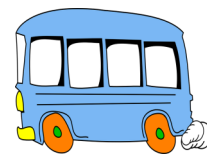


COME PLAY WITH US !!!

MAH-JONGG	TUESDAYS	12:30 pm
BRIDGE	MONDAYS TUESDAYS	9:00 am 12:30 pm
CRIBBAGE	WEDNESDAYS	1:00 pm



*Hesitant to drive
during bad weather...let
the Sr. Center take you
to your medical appointments.*



MEDICAL TRANSPORTATION

Local (Hopedale and Milford)

Monday - Friday

9:00 am - 2:30 pm (appointments)

No transit between 11:15 am - 1:00 pm

\$3.00 Rd. Trip

Schedule appointments 3 business days in advance.

LIMITED OUT OF TOWN MEDICAL TRANSPORTATION

Monday - Thursday (Subject to Change)

No appointments earlier than 10:30 am

Ready to return home by 1:00 pm

Framingham \$10.00 Rd. Trip / Boston

\$25.00 Rd. Trip

Natick /Westboro/Worcester

Franklin/Bellingham/Uxbridge \$5.00 Rd. Trip

Schedule appointments 3 business days in advance.

New Art Class!

Hand-building with Clay

Thursdays 1:30 pm - 2:30 pm

Hopedale Sr. Center

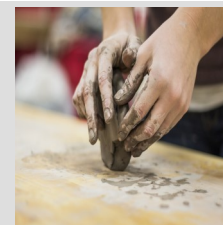
Learn basic hand-building skills

including pinch pot, coil, slab techniques and sculpture. Self-hardening clay and acrylic paints will be used to enhance the clay creations.

The class instructor is Jackie Alagna retired Hopedale and Milford art teacher who has specialized in clay techniques.

Sign-up required. Call (508)634-2208.

\$5.00 per class



The Sr. Center is closed on:
Monday February 21, 2022

Presidents' Day Holiday



Chairperson Cheryl Moreci
Vice Chairperson Bob Casali
Secretary Dan Malloy

MEMBERS

Eileen Milaszewski
Karen Kuligowski
Julia Manning
Arlene Williams
David Guglielmi
Charles Duczakowski

Director Carole Mullen
Outreach Nancy Mosher
Staff Assistant Jennifer Bethel
Van Driver Mike Rutkowski

The COA Board meets on the 3rd Thursday of
each month at 1:00 pm at the Sr. Center.



*The mailing of this newsletter
is funded by the Hopedale Friends
of Elders.*

HOPEDALE FRIENDS OF ELDERS, INC.

Box 318
Hopedale
Massachusetts 01747

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BECOME A FRIEND!

HELP SUPPORT HOPEDALE'S SENIORS

Hopedale Friends of Elders

PO Box 318 - Hopedale, MA 01747



In lieu of flowers or other gifts, please consider making a tax-deductible donation in memory/
honor of a loved one to the Friends of Elders, by using this form.

Your gift will go directly to services for senior citizens for today and tomorrow. Donations can be made in honor of
births, birthdays, and anniversaries as well as in memory of loved ones. No minimum donation is required. We will
acknowledge all donations.

Donations can also be dropped off at the Curiosity Shoppe of Hopedale on Depot Street in Hopedale

Curiosity Shoppe hours are Thursday, Friday and Saturday 9:30am to 12:30pm

We always need volunteers to work in The Friends' Shoppe

I am enclosing \$ _____ (Please make checks payable to the Hopedale Friends of Elders.)

Donor's Name _____ Donor's Address _____

In Memory of _____ In Honor of _____

*The Hopedale Friends of Elders thank - William Redden and Nadine Tarmy
for their recent donation.*