



HOPEDALE SENIOR NEWS

June 2021

Published by the Hopedale Council on Aging

*43 Hope Street • Hopedale, MA, 01747
(Located inside the Community House)*

*Sr. Center Phone: 508-634-2208 • Fax: 508-473-6189
Outreach Message Line: 508-478-2858 • E-mail: hopedalecoa@comcast.net
Monday-Thursday 9:00 am - 3:00 pm and Friday 9:00 am - 12:30 pm*

Hopedale Sr. Center Barbecue



*Join us for our re-opening
BBQ Party!!
Come Together and celebrate!*

Tues. June 29, 2021

12:00 noon

\$5.00 p.p.

Main Hall Community House

**Burgers, Hot Dogs, Chicken,
Salads, Strawberry Shortcake &
more.**

**We will feature entertainer: DJ Mike
Games, Prizes & Free Raffles
Sign-up by: 6/25/21**



Notes From the Director

Governor Baker will lift the "State of Emergency" effective **June 15, 2021**. As of June 15th the Sr. Center will be open to all and resume our former hours: **Mon. - Thurs. 9 am - 3 pm & Fri. 9 am - 12:30 pm.**

We are busy re-booting our activity schedule and anticipate a phased approach during July and August. We anticipate a full resumption of activities by Sept. 2021. ***Please refer to the enclosed activity calendar for activity/program starting dates.***

As we emerge from a most challenging period, we recognize that there will be varying levels of what feels comfortable in terms of socializing and participation in group activities. Many of you may choose to continue to wear your masks. While masks will not be required, we encourage anyone who is not vaccinated to wear a mask in consideration of the health and well-being of themselves and others.

The long anticipated day is upon us. Let's make the most of each day. Can't wait to welcome you back.

Carole

SHE'S BACK!!

FREE VITAL SIGNS CLINIC WITH NURSE MARY WATSON

**Ladies' Parlor
Hopedale Community House
Wednesday June 16, 2021
10:00 am - 11:30 am**



Mary can take your vital signs and answer your general medical questions. Please stop by for a friendly visit.

**The Sr. Center will be
closed on
Monday July 5, 2021.**



ASSISTANCE PROGRAMS AVAILABLE AT THE SR. CENTER

OUR SERVICES ARE CONFIDENTIAL. WE CAN MAKE COVID-19 SAFE HOME VISITS



OUTREACH

Confidential counseling, caregiver support, information and referral services are available on aging issues for seniors and caregivers.

VETERANS' SERVICES (FOR VETERANS AND SPOUSES OF VETERANS)

Confidential counseling with our Veterans' Agent, Pat Morris. Individuals issues or medical conditions do not have to be "service-related".



MEDICARE, MEDICAID AND HEALTH AND DRUG INSURANCE

COUNSELING SHINE PROGRAM

Information and assistance is available on all aspects of Medicare coverage and assistance plans available through Medicare & Medicaid. Supplemental health and drug insurance coverage information and assistance for Medicare eligible individuals.

HOME REPAIR (May be on hold due to COVID-19)

Any senior age sixty (60) and older, who owns and resides in their home, can apply for home repair assistance.

The repair must be deemed a safety concern in order to qualify for this service. There is no income guideline for this program.

For more information or to apply you can call Central Massachusetts Housing Alliance Elder Home Repair Program at **(774)243-3815**. You can also check- out the website at www.cmhaonline.org and click on "Read more about our organization" to access the information on Elder Home Repair. Contact the Hopedale Senior Center for additional assistance.

FOOD STAMP APPLICATION ASSISTANCE

Information and application assistance for the Food Stamp Program is available at the Sr. Center or projectbread.org



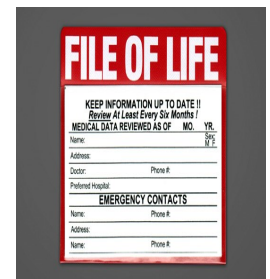
FUEL ASSISTANCE AND HOME WEATHERIZATION PROGRAMS (SMOC)

New applications available for fuel season effective **Nov. 1, 2021**.

Program open to renters and home owners. All forms of heating eligible.

FILE OF LIFE PROGRAM - FREE

The Sr. Center will provide you with a magnetic card that can be placed on your refrigerator or carried in your purse. The pre-printed card has space for emergency contact numbers, your current medications as well as you attending physicians' names and phone numbers. In the event of an emergency if you are unable to communicate, the card may provide information critical to your care.



HOUSE NUMBER SIGNS PROGRAM - FREE

A wooden number sign is available to all Hopedale residents. As a public safety measure, all residences are required to display house numbers. The TRIAD program will provide you with **free** house number sign. Please contact us for more information on how to obtain a free house number sign.



COPY/FAX SERVICES - We will make copies for you or Fax documents. Ten cents/copy.

Hopedale Local Errand Van Schedule...Ride with Mike!!! (Shopping, Hair Salons, Barbershops, Banks and more!)

Please schedule your van ride 3 business days in advance of your requested ride.
Our new schedule (hours of operation) for local errand transportation is as follows:

Monday 9:00 am to 2:00 pm
Tuesday 9:00 am to 2:00 pm
Thursday 9:00 am to 2:00 pm
Friday 9:30 am to 12:00 pm (per availability of driver)
 \$3.00 Rd. Trip



Mike our Van Driver

COVID-19 restrictions : *As of June 15, 2021, the number of van passengers will not be restricted. However, riders will continue to be required to wear masks.*

Hopedale Local Medical Van Schedule

Monday - Friday
 9:00 am - 2:30 pm (appointments)
 No transit between 11:15 am - 1:00 pm
 \$3.00 Rd. Trip
 Schedule appointments 3 business days in advance.



Out of Town Medical Van Schedule

Monday - Thursday (Subject to Change)
 No appointments earlier than 10:30 am
 Ready to return home by 1:00 pm
 Framingham \$10.00 Rd. Trip / Boston \$25.00 Rd. Trip
 Natick /Westboro Worcester
 Franklin/Bellingham/Uxbridge \$5.00 Rd. Trip
 Schedule appointments 3 business days in advance.

MEALS ON WHEELS DRIVERS NEEDED

The Hopedale Council on Aging is seeking volunteer drivers and subs. Meals are distributed from the meal site in Upton, MA and delivered to frail seniors in Hopedale. Volunteers will be reimbursed for mileage. Meals are delivered Monday through Friday before 1:00 pm. Your commitment can be as little as two (2) hours per month. Please call the Sr. Center at (508)634-2208 for details. Help us keep elders in their homes.
COVID safe doorstep deliveries.



*To every man who is
or was a father to
someone in their life...*

Thank-you!

Chairperson Cheryl Moreci
Vice Chairperson Bob Casali
Secretary Dan Malloy

MEMBERS

Nancilee Fuller
Eileen Milaszewski
Karen Kuligowski
Julia Manning
Arlene Williams
David Guglielmi

Director Carole Mullen
Outreach Nancy Mosher
Staff Assistant Jennifer Bethel
Van Driver Mike Rutkowski

The COA Board meets on the 3rd Thursday of
each month at 1:00 pm at the Sr. Center.



*The mailing of this newsletter
is funded by the Hopedale Friends
of Elders.*

HOPEDALE FRIENDS OF ELDERS, INC.

Box 318
Hopedale
Massachusetts 01747

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SUPPORT THE HOPEDALE FRIENDS OF ELDERS

Hopedale Friends of Elders

PO Box 318 - Hopedale, MA 01747



In lieu of flowers or other gifts, please consider making a tax-deductible donation in memory/
honor of a loved one to the Friends of Elders, by using this form.

Your gift will go directly to services for senior citizens for today and tomorrow. Donations can be made in honor of
births, birthdays, and anniversaries as well as in memory of loved ones. No minimum donation is required. We will
acknowledge all donations.

Donations can also be dropped off at the Curiosity Shoppe of Hopedale on Depot Street in Hopedale

Curiosity Shoppe hours are Thursday, Friday and Saturday 9:30am to 12:30pm

We always need volunteers to work in The Friends' Shoppe

I am enclosing \$_____ (Please make checks payable to the Hopedale Friends of Elders.)

Donor's Name _____ Donor's Address _____

In Memory of _____ In Honor of _____

The Hopedale Friends of Elders thank Marie Menfi

for her generous donation in memory of

Annie R. Vautour