



# HOPEDALE SENIOR NEWS February 2021

*Published by the Hopedale Council on Aging*

*43 Hope Street • Hopedale, MA, 01747  
(Located inside the Community House)*

*Sr. Center Phone: 508-634-2208 • Fax: 508-473-6189  
Outreach Message Line: 508-478-2858 • E-mail: [hopedalecoa@comcast.net](mailto:hopedalecoa@comcast.net)  
Monday-Thursday 9:00 am - 3:00 pm and Friday 9:00 am - 12:30 pm*



## **Community Legal Aid Services Available to Hopedale Residents**

Hopedale senior residents may contact the Greater Milford Area Bar Association, locally, administered by the law offices of Michael Kaplan, for free consultations regarding general legal issues.

Please be aware that if your particular issue requires a more comprehensive discussion, fees may be required.

The Greater Milford Area Bar Association can be reached at (508) 473-1161.

## **Will the town of Hopedale Hold COVID-19 Vaccine Clinics?**



To date, the Sr. Center has not received information regarding the possibility of scheduling local COVID-19 vaccination clinics. The Board of Health is very aware of residents' desire to be able to obtain their vaccinations in town. However, if you have a primary care physician you should be receiving communication regarding how you may obtain a vaccine when it is available. If you have not received a letter, a call to your physician should be the first step.

We are hopeful that Massachusetts will commence senior vaccinations by mid-February. The Sr. Center has the ability to send automated calls and we will inform everyone as soon as we have definitive information. If you believe that we do not have your phone number, please call us at (508)634-2208. Continue to stay safe. There is light at the end of the tunnel.

## **Hopedale Resident Emergency Assistance Registry**

Are you a Hopedale resident who may need assistance during a declared weather emergency or disaster?

Do you:

- Rely on a medical device or other equipment that is electrically powered
- Take medication that requires refrigeration
- Need assistance because of a medical condition or a mobility issue



The Council on Aging and the Hopedale Emergency Management Agency want to remind you about Hopedale's free and voluntary Emergency Assistance Registry.

The confidential registry maintained by the Council on Aging contains specific information on individual enrollees who have requested assistance during storms or disasters. In the event of a community declared emergency, the names and information of affected registry enrollees will be immediately available to Hopedale Emergency Management Agency personnel.

Enrollee records will be updated annually however, changes or new enrollments may be made at anytime by contacting the Council on Aging. ***There is no cost to enroll in the program.***

If you are interested in participating in this program or obtaining more information, call the Council on Aging at (508)634-2208.

## **COA Board Welcomes New Board Members**

The Board of Selectmen have appointed Arlene Williams and David Guglielmi to the COA board. Their terms are for a three (3) year period. We extend a big thank-you to both of them for volunteering their time to work on issues that impact the lives of Hopedale's seniors.



## ASSISTANCE PROGRAMS AVAILABLE AT THE SR. CENTER

**OUR SERVICES ARE CONFIDENTIAL. WE CAN MAKE COVID-19 SAFE HOME VISITS** (Currently Outdoor or Doorstep)



### OUTREACH

Confidential counseling, caregiver support, information and referral services are available on aging issues for seniors and caregivers.

### VETERANS' SERVICES (FOR VETERANS AND SPOUSES OF VETERANS)

Confidential counseling with our Veterans' Agent, Pat Morris. Individuals issues or medical conditions do not have to be "service-related".



### MEDICARE, MEDICAID AND HEALTH AND DRUG INSURANCE

#### COUNSELING SHINE PROGRAM

Information and assistance is available on all aspects of Medicare coverage and assistance plans available through Medicare & Medicaid. Supplemental health and drug insurance coverage information and assistance for Medicare eligible individuals.

### HOME REPAIR (May be on hold due to COVID-19)

Any senior age sixty (60) and older, who owns and resides in their home, can apply for home repair assistance.

**The repair must be deemed a safety concern** in order to qualify for this service. There is no income guideline for this program.

For more information or to apply you can call Central Massachusetts Housing Alliance Elder Home Repair Program at **(774)243-3815**. You can also check- out the website at [www.cmhaonline.org](http://www.cmhaonline.org) and click on "Read more about our organization" to access the information on Elder Home Repair. Contact the Hopedale Senior Center for additional assistance.

### FOOD STAMP APPLICATION ASSSISTANCE

Information and application assistance for the Food Stamp Program is available at the Sr. Center or [projectbread.org](http://projectbread.org)



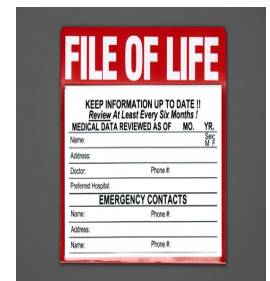
### FUEL ASSISTANCE AND HOME WEATHERIZATION PROGRAMS (SMOC)

New applications available for fuel season effective **Nov. 1, 2020 – April 30, 2021**.

Program open to renters and home owners. All forms of heating eligible.

### FILE OF LIFE PROGRAM – FREE

The Sr. Center will provide you with a magnetic card that can be placed on your refrigerator or carried in your purse. The pre-printed card has space for emergency contact numbers, your current medications as well as you attending physicians' names and phone numbers. In the event of an emergency if you are unable to communicate, the card may provide information critical to your care.



### HOUSE NUMBER SIGNS PROGRAM – FREE

A wooden number sign is available to all Hopedale residents. As a public safety measure, all residences are required to display house numbers. The TRIAD program will provide you with **free** house number sign. Please contact us for more information on how to obtain a free house number sign.



**COPY/FAX SERVICES** - We will make copies for you or Fax documents. Ten cents/copy.

## Hopedale Local Errand Van Schedule

(Shopping, Hair Salons, Barbershops, Banks and more!)

Please schedule your van ride 3 business days in advance of your requested ride.

Our new schedule (hours of operation) for local errand transportation is as follows:

Monday 9:00 am to 2:00 pm  
 Tuesday 9:00 am to 2:00 pm  
 Thursday 9:00 am to 2:00 pm  
 Friday 9:30 am to 12:00 pm (per availability of driver)

# USE THE VAN!



Remember that due to COVID-19 restrictions we can only have two (2) passengers in the van at the same time. All riders are temperature screened and required to cover their nose and mouth with a face mask.

## Hopedale Local Medical Van Schedule



Monday - Friday  
 9:00 am - 2:30 pm (appointments)  
 No transit between 11:15 am - 1:00 pm  
 \$3.00 Rd. Trip  
 Schedule appointments 3 business days in advance.

## Out of Town Medical Van Schedule

Monday - Thursday (Subject to Change)  
 No appointments earlier than 10:30 am  
 Ready to return home by 1:00 pm  
 Framingham \$10.00 Rd. Trip / Boston \$25.00 Rd. Trip  
 Natick /Westboro Worcester  
 Franklin/Bellingham/Uxbridge \$5.00 Rd. Trip  
 Schedule appointments 3 business days in advance.



## Ladies Who Zoom

Join our conversation group. So much has happened over the last few months. Let's re-connect and share our thoughts on this new journey we are all traveling.

Wednesday Feb. 17, 2021  
 10:00 am

Please call us at  
 (508)634-2208 by 2/15/21.

We will send you an invitation to our meeting. You will need a computer or a laptop in order to participate. Questions? Call the Sr. Center.



## FREE GRAB 'N GO MEAL

## VALENTINE'S DAY SPECIAL

Thursday February 18, 2021 - 11:30 am

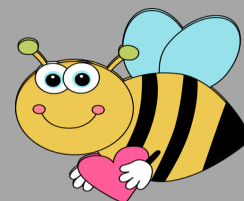
Pick-up Locations: Sr. Center or Griffin-Dennett  
 or Home Delivery

Menu: Chicken Parmesan on a bed of pasta (Oliva's Market)

Dessert

Sign-up required by 2/12/2021. Call the Hopedale Sr. Center at (508)634-2208.

Maximum of 40 sign-ups . Gift Bags compliments of Atria Draper Place!



# Free Raffle!

Chairperson Cheryl Moreci  
Vice Chairperson Bob Casali  
Secretary Dan Malloy

**MEMBERS**

Nancilee Fuller  
Eileen Milaszewski  
Karen Kuligowski  
Julia Manning  
Arlene Williams  
David Guglielmi

Director Carole Mullen  
Outreach Nancy Mosher  
Staff Assistant Jennifer Bethel  
Van Driver Mike Rutkowski

The COA Board meets on the 3rd Thursday of  
each month at 1:00 pm at the Sr. Center.



*The mailing of this newsletter  
is funded by the Hopedale Friends  
of Elders.*

**HOPEDALE FRIENDS OF ELDERS, INC.**

Box 318  
Hopedale  
Massachusetts 01747

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**SUPPORT THE HOPEDALE FRIENDS OF ELDERS**

*Hopedale Friends of Elders*

**PO Box 318 - Hopedale, MA 01747**



In lieu of flowers or other gifts, please consider making a tax-deductible donation in memory/  
honor of a loved one to the Friends of Elders, by using this form.

Your gift will go directly to services for senior citizens for today and tomorrow. Donations can be made in honor of  
births, birthdays, and anniversaries as well as in memory of loved ones. No minimum donation is required. We will  
acknowledge all donations.

Donations can also be dropped off at the Curiosity Shoppe of Hopedale on Depot Street in Hopedale

Curiosity Shoppe hours are Thursday, Friday and Saturday 9:30am to 12:30pm

*We always need volunteers to work in The Friends' Shoppe*

I am enclosing \$\_\_\_\_\_ (Please make checks payable to the Hopedale Friends of Elders).

Donor's Name \_\_\_\_\_ Donor's Address \_\_\_\_\_

In Memory of \_\_\_\_\_ In Honor of \_\_\_\_\_