



HOPEDALE SENIOR NEWS

March 2021

Published by the Hopedale Council on Aging

*43 Hope Street • Hopedale, MA, 01747
(Located inside the Community House)*

*Sr. Center Phone: 508-634-2208 • Fax: 508-473-6189
Outreach Message Line: 508-478-2858 • E-mail: hopedalecoa@comcast.net
Monday-Thursday 9:00 am - 3:00 pm and Friday 9:00 am - 12:30 pm*



Need Assistance Obtaining an Appointment for a COVID-19 Vaccine?

The Hopedale Sr. Center can assist eligible individuals who don't have access to a computer or can not use a computer. Please call us at (508)634-2208.

In addition, eligible individuals may call the state's telephone assistance phone number, 211. Follow the prompts to reach a representative who will assist you in booking a vaccination appointment.



Volunteer and COA Board Member Eileen Milaszewski hands out gift bags from Atria Draper Place at our February Grab 'n Go Meal. Also a big thank-you to the Hopedale Friends of Elders for sponsoring the delicious meal from Oliva's.



FREE Grab & Go Meal Wednesday

March 17, 2021



Hopedale Sr. Center - 11:30 am

Pick from one of three options:

- ⇒ **Pick-up your meal at 43 Hope St. (Sr. Center)**
- ⇒ **Pick-up your meal at Griffin-Dennett Housing (Hopedale St.)**
- ⇒ **Request Home Delivery of your meal**

Menu:

**Corned Beef
Boiled Potatoes, Cabbage and Carrots
Corn Muffin
Vanilla Mousse**

Free Raffle for all Participants!!!!

Sign-up required by 3/12/2021

These meals are made possible through a grant from the United Way.

A big thank-you from the Hopedale Friends of Elders to:

**Arthur Hampton and
Mark Stevens**

**Your generous donations will
benefit so many seniors in
Hopedale.**

Thank You



ASSISTANCE PROGRAMS AVAILABLE AT THE SR. CENTER

OUR SERVICES ARE CONFIDENTIAL. WE CAN MAKE COVID-19 SAFE HOME VISITS (Currently Outdoor or Doorstep)



OUTREACH

Confidential counseling, caregiver support, information and referral services are available on aging issues for seniors and caregivers.

VETERANS' SERVICES (FOR VETERANS AND SPOUSES OF VETERANS)

Confidential counseling with our Veterans' Agent, Pat Morris. Individuals issues or medical conditions do not have to be "service-related".



MEDICARE, MEDICAID AND HEALTH AND DRUG INSURANCE

COUNSELING SHINE PROGRAM

Information and assistance is available on all aspects of Medicare coverage and assistance plans available through Medicare & Medicaid. Supplemental health and drug insurance coverage information and assistance for Medicare eligible individuals.

HOME REPAIR (May be on hold due to COVID-19)

Any senior age sixty (60) and older, who owns and resides in their home, can apply for home repair assistance. **The repair must be deemed a safety concern** in order to qualify for this service. There is no income guideline for this program.

For more information or to apply you can call Central Massachusetts Housing Alliance Elder Home Repair Program at **(774)243-3815**. You can also check- out the website at www.cmhaonline.org and click on "Read more about our organization" to access the information on Elder Home Repair. Contact the Hopedale Senior Center for additional assistance.

FOOD STAMP APPLICATION ASSSISTANCE

Information and application assistance for the Food Stamp Program is available at the Sr. Center or projectbread.org

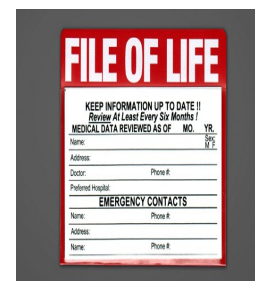


FUEL ASSISTANCE AND HOME WEATHERIZATION PROGRAMS (SMOC)

New applications available for fuel season effective **Nov. 1, 2020 – April 30, 2021**. Program open to renters and home owners. All forms of heating eligible.

FILE OF LIFE PROGRAM – FREE

The Sr. Center will provide you with a magnetic card that can be placed on your refrigerator or carried in your purse. The pre-printed card has space for emergency contact numbers, your current medications as well as you attending physicians' names and phone numbers. In the event of an emergency if you are unable to communicate, the card may provide information critical to your care.



HOUSE NUMBER SIGNS PROGRAM – FREE

A wooden number sign is available to all Hopedale residents. As a public safety measure, all residences are required to display house numbers. The TRIAD program will provide you with **free** house number sign. Please contact us for more information on how to obtain a free house number sign.



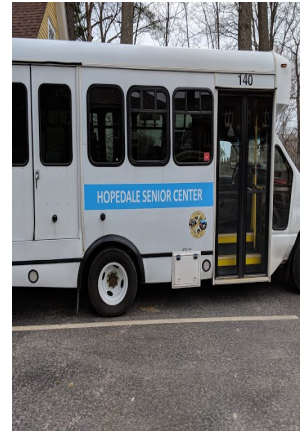
COPY/FAX SERVICES - We will make copies for you or Fax documents. Ten cents/copy.

Hopedale Local Errand Van Schedule

(Shopping, Hair Salons, Barbershops, Banks and more!)

Please schedule your van ride 3 business days in advance of your requested ride.
Our new schedule (hours of operation) for local errand transportation is as follows:

Monday 9:00 am to 2:00 pm
Tuesday 9:00 am to 2:00 pm
Thursday 9:00 am to 2:00 pm
Friday 9:30 am to 12:00 pm (per availability of driver)



Remember that due to COVID-19 restrictions we can only have two (2) passengers in the van at the same time. All riders are temperature screened and required to cover their nose and mouth with a face mask.

Hopedale Local Medical Van Schedule

Monday - Friday
 9:00 am - 2:30 pm (appointments)
 No transit between 11:15 am - 1:00 pm
 \$3.00 Rd. Trip
 Schedule appointments 3 business days in advance.

Out of Town Medical Van Schedule

Monday - Thursday (Subject to Change)
 No appointments earlier than 10:30 am
 Ready to return home by 1:00 pm
 Framingham \$10.00 Rd. Trip / Boston \$25.00 Rd. Trip
 Natick /Westboro Worcester
 Franklin/Bellingham/Uxbridge \$5.00 Rd. Trip
 Schedule appointments 3 business days in advance.

ZOOM COFFEE & CONVERSATION

Fri. March 19, 2021

10:00 am - 11:00 am

Friendship and Conversation hosted by Carole Mullen. Let's re-connect.

You must sign-up by 3/16/21 in order to receive a link to the conversation. Please call us at

(508)634-2208.

See you on the call!!



SHINE NEWS - What is a transition fill at the Pharmacy?

"A drug that I need to take is not on my Part D prescription drug plan's formulary. Can my plan provide me with a transition refill of this prescription. What does this mean?"

A **transition refill**, also known as a transition fill, is a one-time, 30-day supply of a drug that you have been taking and is now not covered by your prescription drug plan.

Transition fills let you get temporary coverage for drugs that are not on your plan's formulary or that have certain **coverage restrictions** (such as prior authorization or step therapy). **Transition fills are not for new prescriptions.** You can only get transition fills for drugs you were already taking before switching plans or before your existing plan changed its coverage.

All stand-alone Prescription Part D plans and Medicare Advantage Plans that offer drug coverage must provide transition fills in certain circumstances. When you use your transition fill, your plan must send you a written notice within three business days. The notice will tell you that the supply was temporary and that you should either change to covered drug or file an exception request with the plan.

DON'T FORGET YOU MAY QUALIFY FOR BENEFITS UNDER THE MEDICARE SAVINGS PROGRAM!!!

Remember! Income and Resource limits to qualify for the Medicare Savings Program will be changing in March.



Chairperson Cheryl Moreci
Vice Chairperson Bob Casali
Secretary Dan Malloy

MEMBERS

Nancilee Fuller
Eileen Milaszewski
Karen Kuligowski
Julia Manning
Arlene Williams
David Guglielmi

Director Carole Mullen
Outreach Nancy Mosher
Staff Assistant Jennifer Bethel
Van Driver Mike Rutkowski

The COA Board meets on the 3rd Thursday of
each month at 1:00 pm at the Sr. Center.



*The mailing of this newsletter
is funded by the Hopedale Friends
of Elders.*

HOPEDALE FRIENDS OF ELDERS, INC.

Box 318
Hopedale
Massachusetts 01747

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SUPPORT THE HOPEDALE FRIENDS OF ELDERS

Hopedale Friends of Elders

PO Box 318 - Hopedale, MA 01747



In lieu of flowers or other gifts, please consider making a tax-deductible donation in memory/
honor of a loved one to the Friends of Elders, by using this form.

Your gift will go directly to services for senior citizens for today and tomorrow. Donations can be made in honor of
births, birthdays, and anniversaries as well as in memory of loved ones. No minimum donation is required. We will
acknowledge all donations.

Donations can also be dropped off at the Curiosity Shoppe of Hopedale on Depot Street in Hopedale

Curiosity Shoppe hours are Thursday, Friday and Saturday 9:30am to 12:30pm

We always need volunteers to work in The Friends' Shoppe

I am enclosing \$_____ (Please make checks payable to the Hopedale Friends of Elders).

Donor's Name _____ Donor's Address _____

In Memory of _____ In Honor of _____