

Council on Aging

Meeting Minutes

January 21, 2019

Present - Carole Mullen, director, Cheryl Moreci, chair, Bob Casali, Pat Johnson, Dan Malloy, Eileen Milaszewski - Absent - Nancilee Fuller

Minutes and Bills - Approved and accepted.

Transportation - MWRTA was charging our account about \$900 for brake work on the van. Carole questioned the matter since the van has only gone 400 miles since it has been here. She was successful; they took the bill off of our account. Winter weather seems to have been the cause of recent increased use of the van.

Tax credit program - The amount for the tax credit program has been increased from \$25,000 to \$26,000 making one more slot available. All slots have been filled. Eight participants are new this year.

Budget - The health nurse position has been under the Board of Health. There was some discussion as to the possibility of having it come under the Council on Aging. Carole will ask the FinCom for four more hours for the health nurse and have her put on four one-hour programs. The formula grant has gone from nine dollars to twelve dollars. That adds \$2,800 to our budget. Carole will discuss with the FinCom how much of this they'd like to have us use toward salaries. That discussion will also include looking into more hours for the director and the outreach position.

Grant - Thanks to Craig Adams, who submitted a grant application, \$500 has been received from Harvard Pilgrim again this year. It was put into the instructor account.

Programs - Adventure meetups for boomers such as hiking, kayaking, and wall climbing are being considered. The tai-chi, yoga and meditation classes have been quite successful. Other classes are under consideration.

Party - A Cultural Council grant will be used to pay an entertainer for the Valentine's party. The program will be a reenactment of a Victorian courtship tea.

Current topics discussions - This program, with about 15 people participating, had a very successful first meeting. They will be held every other week.

Ethics training - Ethics training will be done at the February meeting.

Respectfully submitted,

Daniel Malloy, Secretary