










FEBRUARY 2020 - HOPEDALE SR. CENTER ACTIVITIES (508)634-2208

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SR. CENTER ERRAND VAN AVAILABLE 9:00 AM – 1:00 PM</p> 		<p>SR. CENTER ERRAND VAN AVAILABLE 9:00 AM – 1:00 PM</p> 	<p>SR. CENTER ERRAND VAN AVAILABLE 9:00 AM – 1:00 PM</p> 	
<p style="text-align: right;">3</p> <p>PANERA 10:00 am Chair Aerobics 11:30 am Lunch at Sr. Center 12:45 pm BINGO 1pm to 3pm Sr. Bowling</p> 	<p style="text-align: right;">4</p> <p>9:00 am Gentle Yoga 11:00 am Watercolor Classes 1:00 pm Bridge 1:00 pm Mah Jong</p>	<p style="text-align: right;">5</p> <p>9:00 am Market Basket Trip 10:00 am Chair Aerobics 11:30 am Meditation 1:00 pm Mah Jong Lessons 1:00 pm Cribbage</p>	<p style="text-align: right;">6</p> <p>9:00 am Gentle Yoga 1:00 pm Tai Chi 1:00 pm Beyond the Book Readers' Group</p>	<p style="text-align: right;">7</p> <p>9:00 am Podiatry Clinic 9:00 am Fun & Functional 10:30 am Chair Aerobics Sr. Center closes @ 12:30 pm</p>
<p style="text-align: right;">10</p> <p>PANERA 10:00 am Chair Aerobics 12:45 pm BINGO 1pm to 3pm Sr. Bowling</p> 	<p style="text-align: right;">11</p> <p>9:00 am Gentle Yoga 11:00 am Watercolor Classes 1:00 pm Bridge 1:00 pm Mah Jong</p>	<p style="text-align: right;">12</p> <p>9:30 am Nurse Clinic 10:00 am Chair Aerobics 11:30 am Meditation 11:30 am Lunch at Sr. Center Valentines' Day Party 1:00 pm Mah Jong Lessons 1:00 pm Cribbage</p>	<p style="text-align: right;">13</p> <p>9:00 am Walmart Trip 9:00 am Gentle Yoga</p>	<p style="text-align: right;">14</p> <p>9:00 am Fun & Functional 10:30 am Chair Aerobics Sr. Center closes @ 12:30 pm</p>
<p style="text-align: right;">17</p> <p>CLOSED FOR PRESIDENTS' DAY HOLIDAY</p> 	<p style="text-align: right;">18</p> <p>9:00 am Gentle Yoga 1:00 pm Bridge 1:00 pm Mah Jong</p>	<p style="text-align: right;">19</p> <p>9:00 am Market Basket Trip 10:00 am Chair Aerobics 11:30 am Meditation 1:00 pm Mah Jong Lessons 1:00 pm Cribbage</p>	<p style="text-align: right;">20</p> <p>9:00 am Gentle Yoga 10:00 am Knitters' Group 1:00 pm COA Board Mtg.</p>	<p style="text-align: right;">21</p> <p>9:00 am Fun & Functional 10:30 am Chair Aerobics Sr. Center closes @ 12:30 pm</p>
<p style="text-align: right;">24</p> <p>PANERA 10:00 am Chair Aerobics 12:45 pm BINGO 1pm to 3pm Sr. Bowling</p> 	<p style="text-align: right;">25</p> <p>9:00 am Gentle Yoga 11:00 am Watercolor Classes 1:00 pm Bridge 1:00 pm Mah Jong</p>	<p style="text-align: right;">26</p> <p>10:00 am Chair Aerobics 11:30 am Meditation 1:00 pm Mah Jong Lessons 1:00 pm Cribbage</p>	<p style="text-align: right;">27</p> <p>9:00 am Gentle Yoga 1:00 pm Tai Chi 2:00 pm Matinee Movie "Judy"</p>	<p style="text-align: right;">28</p> <p>9:00 am Fun & Functional 10:30 am Chair Aerobics 10:15 am Conversations Sr. Center closes @ 12:30 pm</p>